HORARIO / SCHEDULE

lu/mon	*mar/tue*	*mié/wed*	*jue/thur*	*vie/fri*	sáb/sat	*dom/sun*
		FUSION YOGA 9:00H Yoga deck				SPECIAL WELLNESS EXPERIENCE **Más información en recepción / More info at reception*
		PILATES 17:30H Yoga deck		SLOW FLOW YOGA 17:30H Yoga deck		
POWER VINYASA YOGA 18:30H Yoga deck	YIN YOGA 18:30H Yoga deck			MEDITATION KUNDALINI OSHO 19:00H Yoga deck		

Yoga, meditación y sonido adaptados a ti:
Sesiones privadas, individuales o en pareja disponibles

Yoga, meditation and sound experiences tailored to you:
Private individual or couple sessions available.